

Airdrie Sky-High Twirlers Competitive Program

Must be recommended by an Airdrie Sky High Coach - Please Read Carefully

Requirements for Athletes in the Competitive Program:

1. **Attend classes for the full year** – because of the Group component, it is imperative that all athletes commit for the full year. Notify your coach of any absences via email and email notice of extended absences to your coach and the ASHT Board. Refer to ASHT handbook for full absence policy and further details.
2. **Attend Alberta competitions** - that the ASHT board in consultation from the club members, decides to attend. Here is a list of competitions for this level of athlete:

Competition Name	Mandatory for	Approx. Dates	Tentative location
Summer Session	C, B, A	August 26 – 29 th	Airdrie
ABTA Fall Camp	Highly Recommended	October 24 – 26 th	Calgary
Fall Back	C, B, A	November 29 th	Airdrie
ASHT Showcase	C, B, A	December	Airdrie
Glitter and Gold	Coaches discretion	January	Calgary
Valentines	C, B, A	TBD	Spruce Grove
Qualifiers	Coaches discretion	February	TBD
Wild West	C, B, A	March	Calgary
Sweet Pea	C, B, A	April	Olds
Provincials	C, B, A	May 8 – 10 th	Olds
Movin'On Up	Coaches Discretion	Beginning of June	Airdrie
ASHT Recital	C, B, A	Beginning of June	Airdrie
Nationals	B, A (C if local)	Beginning of July	Varies

3. **Extra Dance/Acro Training** – Highly recommended to be enrolled in a Dance and/or Acro Class (Studio of your choice, classes approved by coach).
4. **Extra Rolls and Compulsories Training** – Highly recommended be enrolled in extra rolls and compulsories training.
5. **Freestyle Training** – Highly recommended for anyone working towards qualifying for World Championship 2026 (18 sessions Sep-May)
6. **Juggling** – Available to anyone 6+ years old, to work on the foundations of juggling in preparation of 2 & 3 Baton routines.
7. **Non-refundable deposit (\$20/class + Last Month's fees) due once finalized.**

Note: Please discuss with the ASHT Board any issues meeting these requirements for the upcoming season before registering. Registration and placement on this group/team will be dependent on the fulfillment of the above requirements.

Expectations of Athlete or the Athlete's Parents or Guardians (if the athlete is under 18):

1. Attend and participate in ASHT AGM and General Membership Meetings
2. Represent ASHT at Central Region Meetings throughout the year on a rotational basis.
3. **Volunteering on a committee/director/executive** as ASHT is a volunteer run club and everyone needs to contribute.
4. **Volunteering** - ASHT competitive families will be required to volunteer for a minimum of 15 hours for ASHT events and fundraising and a minimum of 2 shifts at each competition that requires volunteers. The volunteer deposit will be \$200/family.

Class Structure:

- Included in ASHT Program Class time will be training and practice of Solo, 2-baton, Medley, Solo Dance Twirl, 3-baton and Group routines (to have additional choreography added they must be stylized outside of class time with private lessons).
- Duet, Freestyle, Pair, Compulsories will be optional and offered at Sunday practices. Choreography of these routines must be done during private lessons.

Monthly and Club Fees:

- To be finalized prior to the season starting

Tentative Schedule (To be confirmed once registration complete):

- 1) **Individual Training:**
 - Two hours on **Wednesday evenings at Genesis Place** (times TBD).
 - **Group/Individual Training** Four hours on **Saturdays at Genesis Place** (times TBD)
 - **Freestyle Training:** Open to **12+ years old AND BN Level** to train for World Championships in August 2026
 - **Please Note:** Teams will be decided over the summer by the coaches once registration is complete and we know which twirlers will be coming back next season. Coaches will consider a variety of factors as well as baton training level when deciding team placements.